



# Shortness of Breath

Modified Borg Dyspnea Scale<sup>®</sup>

<b>0</b>	Nothing at all
<b>0.5</b>	Extremely Slight (just noticeable)
<b>1</b>	Very Slight
<b>2</b>	Slight
<b>3</b>	Moderate
<b>4</b>	Somewhat Severe
<b>5</b>	Severe
<b>6</b>	
<b>7</b>	Very Severe
<b>8</b>	
<b>9</b>	Extremely Severe (almost maximal)
<b>10</b>	Maximal



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